

OSHA OUTREACH COURSES

OSHA 30- hour and 10-hour construction courses are among the most recognized initiatives of OSHA's primary worker training program. OSHA Outreach training is being mandated by more and more states each year. It is currently required in Connecticut, Massachusetts, Missouri, Nevada, New Hampshire, New York, and Rhode Island.

These courses are designed to familiarize employers and employees of OSHA-regulated and other common workplace hazards

Our OSHA 30-hour and 10-hour Construction Courses are designed for construction foremen, superintendents and engineers, safety professionals, construction managers, plant engineers, and any other personnel responsible for workplace safety. Students will be introduced to OSHA policies, procedures and standards as well as general industry safety and health principles covered in OSHA Act Part 1910. Special emphasis will be placed on areas most hazardous using OSHA standards as a guide. Upon successful completion of the course, participants will receive an OSHA construction industry safety and health 30-hour or 10-hour course completion card from the Department of Labor. Course topics include:

1. Introduction to OSHA
2. OSHA Inspections
3. Electrical Safety
4. Stairways and Ladders
5. Scaffolding
6. Fall Protection
7. Fire Protection
8. Excavation and Trenching
9. Personal Protective Equipment
10. and much, much more...

We are ready to help with your safety training needs with combinations of lectures, high quality real-life video presentations, hands on individual and group activities, and comprehensive follow-up testing. Training can be provided with in the same week, or spread out over as long as a six-month period. We will customize the training program for your specific trade, operation or equipment.

LEARNING OBJECTIVES:

- Locate OSHA Standards references applicable to specific hazardous conditions and practices (Introduction to OSHA Standards);
- Recognize the aspects of 1926 Subpart C (General Safety and Health Provisions);
- Implement hazard-control measures in their workplace (Subpart D- Occupational health and Environmental Controls);
- Describe types of personal protective equipment (PPE), and the requirements for use in OSHA standards (Subpart E- Personal Protective Equipment);

- Understand the requirements for fire protection in the workplace (Subpart F- Fire Protection and Prevention);
- Identify types of rigging equipment used to protect employees (Subpart H- Rigging; Subpart N- Cranes and Rigging)
- Identify the critical health and safety hazards of welding and cutting in the construction industry (Subpart J- Welding and Cutting)
- Identify common electrical hazards and related OSHA standards (Subpart K- Electrical Standards)
- Understand the importance of scaffolding for workers in elevated workplaces (Subpart L- Scaffolding)
- Implement measures for protecting workers and equipment from dangerous falls (Subpart M- Fall Protection)
- Recognize the hazards associated with working in or around excavation sites (Subpart P- Excavations)
- Understand the safety requirements necessary to protect workers around concrete and masonry jobs (Subpart Q- Concrete and Masonry)
- Identify the precautions and hazards to protect workers using explosives or blasting agents (Subpart T- Demolition)
- Protect workers who perform jobs on or around stairways or ladders at worksites (Subpart X - Stairways and Ladders)
- List and understand the hazards of confined spaces and requirements for confined space entry